

Cigna Health Plans			
2023 Monthly MEDICAL COBRA Rates	My Medical Neighborhood, Open Access Plus and Local Plus	Premium Local Plus	Copay Plan
Employee Only	\$619.00	\$672.00	\$678.00
Employee + Spouse	\$1,311.00	\$1,421.00	\$1,423.00
Employee + Child(ren)	\$983.00	\$1,067.00	\$1,088.00
Employee + Family	\$1,775.00	\$1,924.00	\$1,914.00

MetLife Dental Plans			
2023 Monthly DENTAL COBRA Rates	Standard MAC Plan	Premium MAC Plan	Premium Access Plan
Employee Only	\$18.51	\$28.44	\$40.19
Employee + Spouse	\$38.11	\$58.84	\$83.15
Employee + Child(ren)	\$41.66	\$68.63	\$96.97
Employee + Family	\$66.65	\$109.49	\$154.72

MetLife Vision Plan Rates	
2023 Monthly VISION COBRA Rates	
Employee Only	\$9.22
Employee + Spouse	\$17.54
Employee + Child(ren)	\$17.54
Employee + Family	\$27.15

Rates include 2% COBRA Administration Fee