

Cigna Health Plans			
2023 Monthly MEDICAL COBRA Rates	My Medical Neighborhood, Open Access Plus and Local Plus	Premium Local Plus	Copay Plan
Employee Only	\$120.87	\$178.08	\$133.00
Employee + Spouse	\$311.79	\$431.00	\$343.00
Employee + Child(ren)	\$237.99	\$324.73	\$275.00
Employee + Family	\$364.46	\$517.92	\$421.00

MetLife Dental Plans			
2023 Monthly DENTAL COBRA Rates	Standard MAC Plan	Premium MAC Plan	Premium Access Plan
Employee Only	\$18.15	\$27.88	\$39.40
Employee + Spouse	\$37.36	\$57.69	\$81.52
Employee + Child(ren)	\$40.84	\$67.28	\$95.07
Employee + Family	\$65.34	\$107.34	\$151.69

MetLife Vision Plan Rates	
2023 Monthly VISION COBRA Rates	
Employee Only	\$9.04
Employee + Spouse	\$17.20
Employee + Child(ren)	\$17.20
Employee + Family	\$26.62