## Additional behavioral health

#### **National Suicide Prevention Lifeline**

https://suicidepreventionlifeline.org/help-someone-else/

### **Veterans Crisis Line**

https://www.veteranscrisisline.net/

## **United States Department of Veterans Affairs**

https://www.ptsd.va.gov

The National Center for Post-Traumatic Stress Disorder (PTSD) provides articles, videos and other information on PTSD, as well as advice for veterans on returning to family life after serving in a war

## The National Institute of Mental Health

https://www.nimh.nih.gov

## the National Hopeline Network

## http://hopeline.com

provides 24/7 support to individuals battling depression and suicidal thoughts, as well as to family and friends concerned about a loved one.

#### The Depression and Bipolar Support Alliance

http://www.dbsalliance.org

# The American Association of Suicidology

#### http://www.suicidology.org/

Information about suicide and surviving a loved one's suicide Visitors can search for local support groups for survivors and loved ones.

# The Sidran Traumatic Stress Institute

#### https://www.sidran.org/

Nonprofit organization that helps people who have witnessed or experienced traumatic situations. Their website offers many resources for treatment, support, self-help and recovery