The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go online at www.cigna.com/sp. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-855-566-4295 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For Medical Neighborhood providers: $1,650/individual, $3,300/individual+spouse, $3,300/individual+child or $3,300/family For in-network providers: $3,300/individual, $6,600/individual+spouse, $6,600/individual+child or $6,600/family For out-of-network providers: $3,300/individual, $6,600/individual+spouse, $6,600/individual+child or $6,600/family Combined medical/behavioral and pharmacy deductible Deductible per individual applies when the employee is the only individual covered under the plan. Amount your employer contributes to your account: Up to $500/individual, $800/individual+spouse, $800/individual+child or $1,100/family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay.
Are there services covered before you meet your deductible?	Yes. In-network preventive care & immunizations.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.

Important Questions	Answers	Why This Matters:
What is the out-of-pocket limit for this plan?	For Medical Neighborhood providers $5,000/individual, $13,000/individual+spouse, $13,000/individual+child or $13,000/family (no more than $6,500 per individual in the individual+spouse, individual+child or family); For in-network providers $5,000/individual, $13,000/individual+spouse, $13,000/individual+child or $13,000/family (no more than $6,500 per individual in the individual+spouse, individual+child or family); For out-of-network providers Unlimited Combined medical/behavioral and pharmacy out-of-pocket limit	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Penalties for failure to obtain pre-authorization for services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.myCigna.com or call 1-855-566-4295 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Medical Neighborhood	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$35 copay/visit	$35 copay/visit	50% coinsurance	None
	Specialist visit	$35 copay/visit	$35 copay/visit	50% coinsurance	None
	Preventive care/ screening/ immunization	No charge/ visit**	No charge/ visit**	50% coinsurance / visit	None
		No charge/ screening**	No charge/ screening**	50% coinsurance/ screening	Preventive 3D Mammograms limited to $285 payment maximum per occurrence; All other Preventive Mammograms limited to $225 payment maximum per occurrence; Preventive Colonoscopies limited to $2,250 payment maximum per occurrence
		No charge/ immunizations**	No charge/ immunizations**	50% coinsurance / immunizations	None
		**Deductible does not apply	**Deductible does not apply		You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	50% coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	50% coinsurance	$500 penalty for no precertification. MRIs limited to $2,300 payment maximum per scan; CAT scans limited to $2,000 payment maximum per scan

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Medical Neighborhood	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available by calling 1-877-887-2879 or by visiting www.express-scripts.com	Generic drugs	20% coinsurance/ prescription (retail), 20% coinsurance/ prescription (mail order) $4 for certain generics on the Wal-Mart Generic List until the deductible is met. $0 after deductible is met.	20% coinsurance/ prescription (retail), 20% coinsurance/ prescription (mail order) $4 for certain generics on the Wal-Mart Generic List until the deductible is met. $0 after deductible is met.	Not covered	Coverage is limited up to a 30-day supply (retail) and up to a 90-day supply (mail order). Maintenance medications are limited to 2 fills are retail. No charge for qualified preventive medications. Certain limitations may apply, including, for example: prior authorization, step therapy, quantity limits.
	Brand drugs	20% coinsurance/ prescription (retail), 20% coinsurance/prescription (mail order)	20% coinsurance/ prescription (retail), 20% coinsurance/prescription (mail order)	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	50% coinsurance	$500 penalty for no precertification.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	50% coinsurance	$500 penalty for no precertification.
If you need immediate medical attention	Emergency room care	20% coinsurance	20% coinsurance	20% coinsurance	Per visit copay is waived if admitted
	Emergency medical transportation	20% coinsurance	20% coinsurance	20% coinsurance	Non-emergency ambulance services are not covered
	Urgent care	$25 copay/visit	$25 copay/visit	$25 copay/visit	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	50% coinsurance	None
	Physician/surgeon fees	20% coinsurance	40% coinsurance	50% coinsurance	None

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Medical Neighborhood	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Not applicable	$35 copay/office visit 20% coinsurance/all other services	50% coinsurance/ office visit 50% coinsurance/all other services	$500 penalty if no precert of non-routine services (i.e., partial hospitalization, IOP, etc.).
	Inpatient services	Not applicable	20% coinsurance	50% coinsurance	None
If you are pregnant	Office visits	0% coinsurance after initial visit to confirm pregnancy	0% coinsurance after initial visit to confirm pregnancy	50% coinsurance	Primary Care or Specialist benefit levels apply for initial visit to confirm pregnancy. Depending on the type of services, a copayment, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	50% coinsurance	
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	50% coinsurance	

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Medical Neighborhood	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	20% coinsurance	40% coinsurance	50% coinsurance	$500 penalty for no precertification. Coverage is limited to 120 days annual max 16 hour maximum per day (This limit is not applicable to mental health and substance use disorder conditions.)
	Rehabilitation services	$35 copay/PCP visit $35 copay/Specialist visit	$35 copay/PCP visit $35 copay/Specialist visit	50% coinsurance	$500 penalty for failure to precertify speech therapy services. Coverage is limited to annual max of: 60 days for Physical Therapy; 30 days for each additional therapy; 12 days for Chiropractic care services Limits are not applicable to mental health conditions for Physical, Speech and Occupational therapies.
	Habilitation services	Not covered	Not covered	Not covered	None
	Skilled nursing care	20% coinsurance	40% coinsurance	50% coinsurance	None
	Durable medical equipment	20% coinsurance	40% coinsurance	50% coinsurance	$500 penalty for no precertification.
	Hospice services	20% coinsurance/ inpatient; 20% coinsurance/ outpatient services	40% coinsurance/ inpatient; 40% coinsurance/ outpatient services	50% coinsurance/ inpatient; 50% coinsurance/ outpatient services	$500 penalty for no outpatient precertification.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Medical Neighborhood	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Not covered	None
	Children's glasses	Not covered	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Dental care (Children)
- Eye care (Children)
- Habilitation services
- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Prescription drugs (administered by Express Scripts
- Private-duty nursing
- Routine eye care (Adult)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric Surgery (in-network only Surgeon Charges Lifetime max $10,000)
- Chiropractic care (12 days)
- Infertility treatment
- Routine foot care ($1,000 max)

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For questions about your rights, this notice, or assistance, you can contact Cigna Customer service at 1- 855-566-4295. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-566-4295.
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-566-4295.
Chinese (中文): 如果需要中文的帮助，□□打□个号□ 1-855-566-4295.
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-566-4295.

----------To see examples of how this plan might cover costs for a sample medical situation, see the next section.----------

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible $1,650
- Specialist copayment $35
- Hospital (facility) coinsurance 20%
- Other coinsurance 20%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	$12,800

In this example, Peg would pay:

Cost Sharing	
Deductibles	$1,650
Copayments	$40
Coinsurance	$2,200
What isn't covered	
Limits or exclusions	$10
The total Peg would pay is	$3,900

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible $1,650
- Specialist copayment $35
- Hospital (facility) coinsurance 20%
- Other coinsurance 20%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	$7,450

In this example, Joe would pay:

Cost Sharing	
Deductibles	$1,650
Copayments	$100
Coinsurance	$1,000
What isn't covered	
Limits or exclusions	$200
The total Joe would pay is	$2,950

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The plan's overall deductible $1,650
- Specialist copayment 35$
- Hospital (facility) coinsurance 20%
- Other coinsurance 20%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	$1,900

In this example, Mia would pay:

Cost Sharing	
Deductibles	$1,650
Copayments	$100
Coinsurance	$0
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	$1,750

The plan would be responsible for the other costs of these EXAMPLES covered services.

Plan Name: Medical Neighborhood HSA Ben Ver: 13 Plan ID: 7946455