

## Consumer Directed Healthcare (CDH) Preventive Medicine List

This list provides examples of commonly prescribed preventive medicines. It is not an all-inclusive list; only examples of medicines in each category are listed.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medicine.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

### **ASTHMA/COPD**

ACCOLATE (zafirlukast)  
ADVAIR DISKUS  
ADVAIR HFA  
AEROSPAN  
AIRDUO RESPICLICK  
albuterol  
ANORO ELLIPTA  
ARMONAIR RESPICLICK  
(fluticasone/salmeterol)  
ARCAPTA NEOHALER  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
ATROVENT HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
BROVANA  
budesonide  
CINQAIR  
COMBIVENT RESPIMAT  
cromolyn oral inhalation  
DALIRESP  
DULERA  
DUONEB (ipratropium/albuterol)  
FLOVENT DISKUS  
FLOVENT HFA  
FORADIL  
INCRUSE ELLIPTA  
Inhaler assistive devices  
ipratropium oral inhalation  
metaproterenol

montelukast  
Nebulizers  
NUCALA  
PROAIR HFA  
PROAIR RESPICLICK  
QVAR  
SEEBRI NEOHALER  
SEREVENT DISKUS  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
STRIVERDI RESPIMAT  
SYMBICORT  
terbutaline  
THEO-24, THEOCRON  
(theophylline)  
TUDORZA PRESSAIR  
UTIBRON NEOHALER  
VENTOLIN HFA  
XOLAIR  
zileuton ER

### **BONE DISEASE AND FRACTURES**

ACTONEL, ATELVIA (risedronate)  
BONIVA (ibandronate)  
DUAVEE  
EVISTA (raloxifene)  
FOSAMAX, FOSAMAX D, BINOSTO  
(alendronate)  
RECLAST (zoledronic acid)

### **CAVITIES**

CLINPRO  
GEL-KAM  
PHOS-FLUR  
PREVIDENT  
Sodium fluoride rinse, gel,  
cream, paste, tabs and drops  
Stannous fluoride rinse and gel

### **COLONOSCOPY PREPARATION\***

COLYTE, GOLYTELY, NULYTELY  
(polyethylene glycol)  
MOVIPREP  
OSMOPREP  
PREPOPIK  
SUPREP

### **DIABETES**

#### **INSULINS**

AFREZZA  
BASAGLAR  
HUMALOG  
HUMULIN  
LANTUS SOLOSTAR  
LEVEMIR  
TOUJEO SOLOSTAR  
TRESIBA

#### **INSULIN/GLP-I RECEPTOR AGONIST COMBINATIONS**

SOLIQUA  
XULTOPHY

# CDH Preventive Medicine List

## NON-INSULIN MEDICINES

ACTOS (pioglitazone)  
ACTOPLUS MET, DUETACT, OSENI  
(pioglitazone combinations)  
AMARYL (glimepiride)  
AVANDIA  
AVANDAMET  
BYETTA  
BYDUREON  
chlorpropamide  
CYCLOSET  
dextrose  
FARXIGA  
FORTAMET, GLUCOPHAGE  
(metformin)  
GLUCOTROL XL (glipizide)  
glipizide/metformin  
GLYNASE (glyburide)  
GLUCOVANCE (glyburide/  
metformin)  
GLYSET (miglitol)  
GLYXAMBI  
INVOKAMET  
INVOKAMET XR  
INVOKANA  
JANUVIA  
JANUMET  
JANUMET XR  
JARDIANCE  
JENTADUETO  
JENTADUETO XR  
Lancets  
Needles  
PRANDIN (repaglinide)  
PRECOSE (acarbose)  
repaglinide/metformin  
STARLIX (nateglinide)  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR  
Syringes  
Test strips  
TRADJENTA  
TRULICITY  
XIGDUO XR

## HEART DISEASE AND STROKE

### BLOOD THINNER MEDICINES

aspirin, 81 mg & 325 mg\*  
AGGRENOX  
(aspirin/dipyridamole ER)  
BRILINTA  
clopidogrel  
COUMADIN (warfarin)  
DURLAZA ER  
EFFIENT  
ELIQUIS  
PERSANTINE (dipyridamole)  
PRADAXA  
SAVAYSA  
ticlopidine  
XARELTO  
ZONTIVITY

### CHOLESTEROL LOWERING MEDICINES

#### HMG-COA REDUCTASE INHIBITORS\*

ALTOPREV  
CRESTOR (rosuvastatin)  
LESCOL (fluvastatin)  
LIPITOR (atorvastatin)  
LIVALO  
lovastatin  
PRAVACHOL (pravastatin)  
ZOCOR (simvastatin)

#### OTHER AGENTS

COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
LOPID (gemfibrozil)  
NIASPAN (niacin)  
PREVALITE, QUESTRAN  
(cholestyramine)  
REPATHA  
TRICOR, ANTARA (fenofibrate)  
TRILIPIX DR (fenofibric acid)  
WELCHOL

## HIGH BLOOD PRESSURE

### ACE INHIBITORS

ACCUPRIL (quinapril)  
ACEON (perindopril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
MAVIK (trandolapril)  
moexipril  
PRINIVIL, ZESTRIL (lisinopril)  
VASOTEC (enalapril)

### ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT (benazepril/HCTZ)  
moexipril/HCTZ  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)  
LOTENSIN HCT (benazepril/HCTZ)

### ANGIOTENSIN II RECEPTOR ANTAGONISTS

AVAPRO (irbesartan)  
candesartan  
COZAAR (losartan)  
DIOVAN (valsartan)  
EDARBI  
MICARDIS (telmisartan)  
olmesartan

### ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ  
AVALIDE (irbesartan/HCTZ)  
DIOVAN HCT (valsartan/HCTZ)  
EDARBYCLOR  
HYZAAR (losartan/HCTZ)  
MICARDIS HCT (telmisartan/HCTZ)  
olmesartan/HCTZ

# CDH Preventive Medicine List

## BETA BLOCKERS

acebutolol  
betaxolol  
BYSTOLIC  
CORGARD (nadolol)  
INNOPRAN XL (propranolol)  
TENORMIN (atenolol)  
TOPROL XL, LOPRESSOR  
(metoprolol)  
ZEBETA (bisoprolol)

## BETA BLOCKER/DIURETIC COMBINATIONS

CORZIDE  
(nadolol/bendroflumethiazide)  
LOPRESSOR HCT  
(metoprolol/HCTZ)  
propranolol/HCTZ  
TENORETIC  
(atenolol/chlorthalidone)  
ZIAC (bisoprolol/HCTZ)

## CALCIUM CHANNEL BLOCKERS

ADALAT CC, PROCARDIA XL  
(nifedipine)  
CALAN, VERELAN (verapamil)  
CARDENE (nicardipine)  
CARDIZEM LA, TIAZAC ER  
(diltiazem)  
felodipine ER  
isradapine  
NORVASC (amlodipine)  
SULAR ER (nisoldipine)

## DIURETICS

chlorothiazide  
chlorthalidone  
hydrochlorothiazide  
indapamide  
metolazone

## OTHER HIGH BLOOD PRESSURE MEDICINE COMBINATIONS

amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
BYVALSON  
CADUET (amlodipine/atorvastatin)  
EXFORGE (amlodipine/valsartan)  
EXFORGE HCT  
(amlodipine/valsartan/HCTZ)  
LOTREL (amlodipine/benazepril)  
PRESTALIA  
TARKA (trandolapril/verapamil)  
TWINSTA  
(amlodipine/telmisartan)

## RESPIRATORY SYNCYTIAL VIRUS

SYNAGIS

## MALARIA

chloroquine  
mefloquine  
PRIMAQUINE  
MALARONE (atovaquone/  
proguanil)

## OBESITY

ADIPEX-P (phentermine)  
BELVIQ  
BELVIQ XR  
CONTRAVE

diethylpropion  
REGIMEX (benzphetamine)  
LOMAIRA  
phendimetrazine  
SAXENDA  
XENICAL

## SMOKING-CESSATION\*

CHANTIX  
NICOTROL  
NICODERM CQ  
Nicotine gum, lozenges and  
patches  
ZYBAN (bupropion SR 150mg)

## IMMUNIZATION:\*

Antrax, BCG, Cholera, Diphtheria,  
Haemophilus Influenza B,  
Hepatitis A and B, Human  
Papillomavirus, Influenza,  
Japanese Encephalitis, Measles,  
Meningococcal, Mumps, Pertussis,  
Pneumococcal, Poliovirus, Rabies,  
Rotavirus, Rubella, Tetanus,  
Typhoid, Varicella, Yellow Fever,  
Zoster

## VITAMINS OR MINERALS

folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with  
fluoride\*

\*Please note that some of these medicines are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

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